



**Brighton and Hove City Wide Needs
Assessment Programme**

**Health and wellbeing
Joint Strategic Needs Assessment
Summary 2011**

NHS Brighton and Hove and Brighton and Hove City Council have worked together to develop this joint strategic needs assessment (JSNA) summary. It identifies the current and future health and wellbeing needs of the local population so that priorities can be set and plans put in place to address them.

The JSNA summary pulls together findings from a range of needs assessments carried out across the city. This means it can provide an informed overview of the city's health and wellbeing and what is likely to impact on these in the future.

Many people choose to come and live in Brighton and Hove for the opportunities it offers. However, the city is one of the most deprived areas in the South East. This, together with a relatively large proportion of younger adults, results in a population with particular, significant health needs and inequalities.

As well as NHS health care, social factors such as education, employment and housing can have a significant impact on life expectancy. The recent recession may also impact on local health and wellbeing.

The JSNA summary highlights some of the main social issues in the city, including:

- A high proportion of students
- A high proportion of lesbian, gay, bisexual and transgender residents
- Significantly higher child poverty rates than the South East and high numbers of children in households with no working adults
- Poor educational attainment; and higher levels of young people not in education, employment or training than in the South East
- A higher unemployment rate than the South East and nationally; and the number of people claiming out of work and incapacity benefits
- Sections of the population with low skills; and employment predominantly in service sector with little manufacturing or construction
- Lower average earnings than South East
- Low levels of home ownership; a high level of housing which does not meet the decent homes standard; and one in ten households in fuel poverty
- Higher levels of homelessness than the South East and England
- High volume of road traffic making trips which begin and end within the city and the impact of traffic on air quality

Particular health and wellbeing needs in Brighton and Hove outlined in the JSNA summary include:

- Almost half of the population in the city has current or possible future health concerns linked to lifestyle issues
- Widening inequalities in life expectancy and deaths from cancer and circulatory disease
- Significantly higher cancer deaths for the under-75s than in England and the South East
- Low cancer screening coverage; an estimated high number of smokers; and high rates of sexually transmitted infections and HIV
- High levels of mental health problems; suicide; and illness and death related to alcohol and drug

Other key issues to be address, in common with other parts of the country, include:

- Teenage conception rates
- Childhood obesity
- The needs of people with long term conditions
- The needs of children and adults with physical and learning disabilities and autism
- Carers and young carers
- End of life care

Further information from local needs assessments can be seen at www.bhlis.org and assessments being carried out in 2010/11 will be made available on this site once published. These include:

- Children and young people with disabilities and complex health needs—available now
- Adults with learning disabilities
- Adults with autism
- Diabetes
- Child poverty
- Domestic violence
- Alcohol
- Drug related deaths

The information from these needs assessments, and from the annual summary, is being used to inform action to improve health and wellbeing and reduce inequalities in Brighton and Hove.